

★★★ Promoters ★★★

Mail pre-registration by  
**Monday, June 27**

Strandz Salon & Threads Boutique  
Stefanie Griffith  
322 Vincennes Street  
New Albany IN 47150

Questions, contact Stefanie  
502-645-6256  
stefanie@stranzandthreadz.com

*Make Checks Payable to  
Develop New Albany*

*I assume complete responsibility for injury or damage to property which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless the sponsors, promoters, City of New Albany, IN, Floyd County and all other persons associated with the event from any and all liability for injury or damage whether caused by negligence of the sponsors, promoters, or other person associated from this event or otherwise. I grant permission for any and all of the foregoing to use any photographs, video tapes, motion pictures, recordings or any other record of this event for any purpose whatsoever.*

Participant Signature

Date

Parent/Guardian Signature (if participant is under 18)

Date

shelly sorg's  
**transformation**  
training



**Monday, July 4th**  
**8:30am**

**Registration Begins at 7:30**

**Sorg's Sport & Wellness**  
**800 E. 8th Street New Albany**

**ALL DONATIONS GO TO**



*"If you have been blessed....be a blessing!"*

# Join us for the **Splash Dash Independence Day 5K!**

See Our Growing City and Support These Great Non-Profit Organizations



## Goals of the Annual Independence Day 5K Splash Dash

### Showcase the beautiful growing Down, Mid and Uptown New Albany.

50% of the proceeds benefit Develop New Albany, a non-profit Mainstreet volunteered based organization interested in the growth of the downtown.

### Raise money for the following additional non-profit organizations:

Univera Serve First - 25%  
Dedicated to addressing the nutritional needs of at risk children worldwide (1 in 4 children die daily without basic nutrition).  
*Univera will match 25% to local St. Marks Church Food Pantry in New Albany.*

Camp Quality Kentukiana - 25%  
Provides year-round programs, experiences, and companionship, at no cost to children with cancer and their families.

**Create healthier families in the community while serving others in need!!!**

The 8:30am-9:45am Obstacle Course will be for ages 5-12. Everyone will get 1-3 attempts based on the number of participants in order to reach their best time. There will be prizes for fastest times ages 5-8 and 9-12. If youth pays \$20 to run in a race, obstacle course is a \$5 donation per attempt.

Prizes will be given to 1st place in each age group. Awards will be at 10am.

Vendors will be onsite 7:30am to 10:00am to showcase their business and to give FUN giveaways. Class Act DJ will provide music to motivate you! Vendors, please bring your own table and have set up by 7:30 when registration for race and obstacle course begins. Weather permitting, booths will be set up outside and the registration booth will be set up inside so participants can use restrooms prior to the race.

Thank you for donating and participating in the Independence Day 5K Splash Dash. There will be volunteers cheering you on and “splashing you” as you dash by throughout the race. There may be a **SURPRISE SLASH** at the end of the race to cool you down and congratulate you for making a difference for your health while blessing others in need!

## ★★★Registration★★★

### Registration Fee of \$20

*Includes T-shirt if Received by Monday, June 27*

5K Run  Volunteer

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

M  F

Phone \_\_\_\_\_

Email \_\_\_\_\_

### Team Challenge

Team Name \_\_\_\_\_

*Plaques will be given to the teams who win:  
Most Generous, Most Patriotic, Most Participants,  
and Fastest Team/Business.*

### Age Groups

0-13  14-29  30-45  
 46-60  61+

### Obstacle Course

5-8  
 9-12

### Shirt Size

*Must Register By June 27 to Receive a Shirt*

Youth Medium  Adult X-Small  
 Adult Small  Adult Medium  
 Adult Large  Adult X-Large